

## WHAT IS MY SOURCE

The infinite substance of the universe is eagerly seeking to share itself with its creation and its creation is eagerly seeking to accept the infinite source providing of itself through itself.

The energy of the universe is the only substance there is. This energy is flooding out thoughts to me, until I have a dream, until I place the DREAM IDEA into the universal consciousness in of me, out of my indwelling consciousness, every moment of every day in such a great flow that it is irresistible. It creates for me every dream of my heart and demonstrates itself in myriad ways, unbelievable ways, in the abundance of itself. It is the allness demonstrating itself right now in my life.

It is as I think a thought that it manifests itself in my experience. Until I have my thought, nothing can come forth.

The universal in me is like a wonderful bank. I must draw upon it or it will be there and have within it untold riches but they will be useless to me until I claim them.

How do I draw upon this universal bank? How do I write a check upon this unlimited bank which is within me? Is there some mystical magical way that I do this? How can I claim my good from within so that I can use it?

The art and science of benefiting from the infinite substance which dwells within me is summed up in the words: CREATIVE GIVING AND CREATIVE ACCEPTING.

### I Give To Myself

I give to myself in my imagination. I dream my dream. I visualize in my life the experiences, the things, the money, the relationships, the success, the happiness and peace, the wholeness and all come from the one source within me!

It is as though I desired a glorious home and had no idea of what I wanted in a home, no concept of what home is. It is as though I wanted to be successful in my business, but never knew what success in business was so I was unable to create it in my world.

This is exactly what it is all about: CREATING!

## THE ART OF CREATING

The art of creating is a very refined craft. It is one that has many guidelines and many requirements to be followed by those who would be successful in its use. The art of creating takes place in my dream factory—MY BRAIN.

The art of creating requires of me first that I have a dream, that I have a desire in my heart. The most important thing that I do in all of my life is the creation of my dream, the looking into my inner self and finding what is my greatest desire for myself. Finding the greatest desire is not as easy as it might at first appear. I have always told myself, if I had my choice in the universe I would be this or that, I would have this or that, I would enjoy this or that circumstances. If I really had my choice and could accept totally my dream, my wildest dream for myself, yet *I had no idea of what it was?*

This sounds strange and it sounds like it is pretty far out, but actually it is something quite real. All of my life I have had dreams but never really formalized them to the point of achieving them. My life was dedicated to giving to others, to sharing with others, to helping others to realize their dreams and my own dream was forgotten, it was ignored because it was so terribly important to give to others. Hence my wildest dreams never came to light basically because I did not know them.

This wildest dream, this desire can be success in my business or my work. This is certainly something that is most real and important to me on a day to day basis.

This is not a spiritual goal, I might conclude, but when I look at it closely it is totally spiritual!

There is no difference between spiritual and material goals. All is spirit. All is perfect. I created myself in this life to live it successfully, joyfully, happily, having as much fun as possible.

Sometimes I feel guilty seeking after the "things of this world" since that would seem to be not divine. However, since all is spiritual, it is certainly most divine.

Ah so, now the vision comes clear to me.

What is not divine is the **method** I have used as I sought after my good previously. Before this moment I thought I had to work hard, spend most of the hours of the day carrying out the enterprise of my life's work. I thought that I had to have every waking moment directed towards the business at hand.

THIS IS TRUE!

I must spend every waking hour of the day **on my goal**. I must spend every sleeping moment of my life **on my goal** too. However, it is somewhat different from the way I did it when I was **of** the world.

When I am of the world I use my physical power and craft to bring about my dreams. While when I am "in" the world I utilize the infinite power within to accomplish my goal and such is the direction I choose to follow to accomplish the good I desire.

I learn to accept that every desire of my heart is good and very good. As I accept this, I have taken the first and most important step to enjoying the desires of my heart.

Everything IS. There are no value judgments to be placed on anything. I can now accept everything and anything that pleases me because I can have it and it is OK.

It is OK to be rich, healthy, happy, harmonious, peaceful, joyous, successful, whole in spirit-mind-body, to enjoy relationships with all of my creation, and to be one with all of the wealth of the universe. For so I have always been, it is that I did not know where the bank is located. Now I do. And I work directly from this source.

The bank is located within my consciousness.

I draw upon this bank within me by writing my check in my consciousness. I write the draft in my thought. I create the request in my visualization. I enjoy the benefits from this great wealth within me by accepting that it is there.

How do I go about creating?

Creating is a delicate art that when blundered upon it seems that it is not effective. It seems that those who are dreamers, those who are "wishers", those who are fantasy people are the odd balls of society. In truth, they are the ones who end up the happiest, the most fulfilled, the most joyous beings upon the face of the Earth.

Why is this so—simply because these dreamers are the ones who not only enjoy their dream while it is manifesting, but they enjoy it manifested in their lives and in all of their experiences.

The only way I can give to myself is if I know that I am the giver.

Most of my life I have believed that gifts came from others and that I had to be worthy of the gift or in some way obligate myself to others to receive the gift I would have from them. This ingratiating attitude was one that was onerous to me and I could not participate in this scherzando. I choose rather to totally do it myself. In this respect I called myself a loner.

The doing it myself was mainly by my own power, my own physical skill, the use of my own lengthy time to accomplish my dream of creating a beautiful result. This too proved unrewarding.

As I turn to the divine within me I let it flood out the infinite goodness of the universe in my life, now a whole new chapter is being written in my life. A whole new direction is demonstrating itself in my world. I am free now from feeling that the blessings in my life were imparted by others. Now I know my good comes from the very center of my own being.

So now to demonstrate my desires in my life, to enjoy the universal goodness I teach myself to accept.

To accept means that I realize that I am the creator of whatever it is that I desire. The desire comes before the creation—or more rightly the desire and the creation are one. For as I have the desire the creation of that desire follows immediately upon its heels.

To idly wish for something is uncreative. To know the art and craft of bringing wishes and dreams into fruition, of having them come true, is one that requires of me a very positive and active dream consciousness. It means that I go to my own inner workshop, the workshop of my brain within me and put to work some very important concepts. Before that I must have the dream which is to be manifested.

The following idea is an example and an exercise I choose to follow to demonstrate accepting my good in my life and my affairs:

**EXERCISE:**

I sit quietly. My body is totally free from anything that might bind it. I release all of the busy thoughts of the day and let go entirely. I completely create my own world to my choice for myself. I feel totally unencumbered. I am totally alone. There is no *should* in my world at this moment. I am in perfect peace.

I close my eyes and I speak these words to myself:

**I am at peace with myself and my world.**

**I breath deeply seven times.** (I breath in, bringing as much air into my lungs as I can, I hold it a moment, then I expel the air gently and completely. I do not hurry, but I do it one breath after another until all seven are completed.)

**I visualize the house of my dreams.** (I can visualize the house of my dreams, my successful business, my perfect body, a happy relationship, abundance in my finances, or any desire I have of my heart. I visualize it as already complete. I visualize it as already accomplished. I see myself enjoying the circumstances in their ultimate and highest perfection.

**I see the house I desire for myself. I see it complete right now. I see the design of the house. I see the landscaping about the house and the trees and garden all in place growing vigorously.**

**I see the rooms in the house magnificently furnished according to my taste.**

**I see the bedroom as I have dreamed of it many times before. I see my beloved there.**

**I see the sauna and the whirlpool Jacuzzi, the swimming pool, the warm sun on the deck and my friends enjoying this luxury with me right now.**

**I see the kitchen charmingly furnished to my dream taste. I see a wonderful meal set on the dining room table and my very very special friends sitting there enjoying a fantastic repast with me.**

**I see those of my family that I desire to be with me gathered there with me forming the happy circle of friends that are so very important in my life.**

**In the living room are chairs and couches that reflect my taste. There I see myself sitting with those I love enjoying a happy time.**

**I live mentally in my new home. I see it complete. There is no detail incomplete. It is finished.**

**Now I mentally dwell in the house. I see myself doing my daily activities from my new home.**

**I see me coming and going about the activities that please me and I see myself surrounded by the friends I desire—or alone, as is my pleasure.**

**It is MY WORLD.**

**I am the creator of my world and it is as beautiful as I am able to see it.**

**I am in no hurry.**

**I enjoy the scene.**

**I live the scene.**

**I am one with the scene.**

**It is my creation.**

**It is a very good creation.**

**It is an absolutely perfect creation.**

**It is done now.**

This is creating. This is not what some call daydreaming for daydreaming is the act of wishful thinking. Creating is the art of dynamically and artfully forming the mold in my consciousness in preparation to receive the physical object or the relationship, the success in business, the wholeness in mind and body. For following the dream is the outward expression of the inward creative reality, my dream.

As I hold true to this desire for myself it manifests. I have done it many times with many different desires of mine. All successfully have flooded forth in my experience.

Now that I have dreamed my dream and given it substance by my thought, the next step is to give it to myself.

## **GIVING FOLLOWS CREATING**

To be able to create is a wonderful genius. It is the very essence of the universe. For to create is beautiful, but to give that which is created is even more spectacular. For to create a gift and not give it is only a portion of the creative scene.

It is not a matter of giving it to someone else, but more at giving it to myself. So I now give this gift to myself. I now give this beautiful house and its grounds to me. I present myself with the deed to the property. I present myself with the bill of sale free and clear. I give myself the automobiles in the garage. I give myself the staff to maintain the property for me. I give myself the time to enjoy my new home, my new life, my new universe.

How am I to give it to myself? This was often my question in the past. Now it is a completed statement.

I have thought that I knew how to give to myself. I have often done it in the past—or have I?

What have I given to myself in the past? Was it more than likely the necessities of life, was it more likely that I gave myself food, shelter, clothing, transportation, and psychological entertainment to maintain a fit person to daily go to work to give myself food, shelter, clothing, transportation and psychological entertainment to maintain a fit person to daily go to work to give myself food, shelter, clothing, transportation and psychological entertainment to maintain a fit person to daily go to work to give myself.

Yes, it was merely the "rat race" in which I thought of myself as a participant. I was merely a pawn of the thinking that I had been trained to believe was my rightful heritage.

What is my real heritage?

My real heritage is to creatively bring forth on this Earth all of the dreams in my consciousness and give these dreams fulfillments to me without reservation—and my fully accepting each offering from myself with great joy.

Now the real challenge comes.

What is my grandest dream, my wildest dream, my greatest desire for myself?

OK—I take an easier tack. What is ANY dream that I have, any desire that I have?

Still the answer comes with great difficulty. I think to myself, well, how about being able to have the waiter come with my check the moment I think about it. Or to find a parking place in the busy city. Or to have all of my bills paid. Or to find a happy person with whom to have a meaningful relationship. Or to get back at the boss. Or to tell someone off who deserves it. Or to get a raise. Or to have my loved one more harmonious with me. Or to have the children behave. Or to have some clothing that appeals to me. Or to manipulate my world in some "beautiful" way!

Any and all of these "dreams" are not really dreams. They are but the most simple operation of the **law** of Cause and Effect. Some would have repercussions that would not be what I really want for myself, but I am at liberty to even do dumb things that would prove to be non beneficial to me whenever I choose—with no recrimination to myself. Of course they would be an effect which I might not like, but if this took place I would put another cause in motion for another effect.

What is my desire.

Too often in the past I have sought after the eggs of the golden goose and not for the source of the golden eggs, the goose herself. I am still doing that today as an expedient, as a measure to have something right now to help satisfy myself, or am I looking at the grand picture and in this looking finding my real self? I would like this condition much better—the grand picture and its grand and glorious response.

What would be the most effective way to achieve my wildest dream?

### **TO KNOW WHAT IT IS!**

How can I know what it is?

I can know what my wildest dream is by a systematic introspective study of myself. I can do this by myself. I can utilize my indwelling intelligence to work with me in fulfilling this awareness for myself.

Since I do not realize that I know what my wildest dream is at this moment I desire to "weed out" all of those nondream ideas and get down to basics.

Manipulating my world is not my dream. For as I manipulate my world, so then I give it the privilege to manipulate me.

Creating me and my world in the image and likeness of my finest self, of my finest desires, of my greatest joyfilled expectation of my innermost imagination—that would be fine. However, now I choose to find out what my own innermost imagination would express through me.

To accomplish this I set about daily to write down the great dreams that come to my mind.

Everyday I may have quite a different dream, and this is beautiful! Everyday I may come up with variations or changes of dreams that I have written down before, this too is exceedingly beautiful. I continually do this day after day, week after week, month after month until I finally settle down upon what my wildest dream really is, what my grandest desire for myself really is, upon what it is that would enrich my life beyond my fondest thought.

This can come about through a systematic program of awareness. It requires that diligently every day at a specific time I take out my very special book with blank pages in it and name it:

### **MY WILDEST DREAM FOR MYSELF!**

From a stationary store I purchase a book with several hundred pages in it. There is no writing on the pages, they are all blank. The book is bound and has a very nice cover. It is a book that I can be pleased to write in every day.

I entitle the book: *MY WILDEST DREAM FOR MYSELF*.

On day one I begin to write. I do not seek to make this a monumental work, but rather RIGHT OFF THE TOP OF MY HEAD. It is full of things that are right out front in my daily thinking. I write about the silly things that I think about every day as well as the vastly more important things.

I write about finding the parking place.

I write about knowing how to cook a certain dish.

I write about seeing the children behaving better.

I write about having more beautiful clothing, a more rewarding house, a better car, curing the lawn of its sickness, wholeness for dad or mom or some beloved one, the ability to stop smoking or drinking or other habit management, the desire to solve some problem that faces me, the way to make the world more peaceful, how to solve the great international problems or the local political problems, how to live harmoniously with others and have others live harmoniously with me, or perhaps very importantly how to have a more healthy body myself.

These are all very worthwhile topics to consider.

As I work on them for some most interesting reason they lose their importance. As I write in MY WILDEST DREAM FOR MYSELF book I find that my values constantly are changing. My desires for myself are constantly changing. My determination of what is important for me and what is really of no great value to me varies from day to day even though I purposely do not make an objective, intellectual decision to change my thinking about my values.

The desire for the grand clothing, the fantastic house, the special car, the happy relationships in the world among those near or far from me—those in my family and world or those in the broader world and other countries—cease in importance to me.

I find myself faced with new desires which I write in my book MY WILDEST DREAM FOR MYSELF. The desires take on a more interesting aspect. The desires assume the role of being more affirmations of my reality than wants or needs for me.

Where when I began I said: I want happiness in my life. Now I say: I am happiness.

With this change in my attitude about myself and about my consciousness I see a change taking place in my life. I am indeed happy. I am indeed joyous. I am indeed the CENTER for all of the happiness in my world. People walk up to me from every quarter and stand near me and smile. They feel somewhat awkward, not knowing why they are happy to be near to me, but have a great need and desire to be near me. Even when I am paying no attention to them whatsoever, they remain near me and in my presence. They do not know why they are there, but I do. I AM HAPPINESS. Naturally everyone in my world would want to be near me. Naturally everyone in my world desires to be in the energy vibration of happiness which I am. This is the most natural thing in the world.



Creating from this reality I give happiness to myself from my own indwelling center. Then I give out this happiness not because the world needs it but because it is the very nature of beingness to flow outward from itself and being itself in all that are in its world.

I could not contain my happiness, but I am my happiness and being it I must express it. I do not need happiness from others. I would not know what to do with it. For I AM HAPPINESS. There is no more happiness that can be given to me for I am all the happiness that I CAN KNOW! There is no happiness outside of me. Every person in the world is a pure reflection of my happiness when they are in my world.

### **I CAN ONLY GIVE TO MYSELF**

Strange as it may seem, I can only give to myself.

I can be in a room full of people and still be totally in my own world. In my own consciousness I dwell and will always dwell. There is no other consciousness in my world than mine. No matter how impressive the people may be in my world I always view them from MY eyes and from MY thought and from MY attitude about MYSELF. I am totally nonjudgmental and always love everyone with full unconditional love because that is how I view myself and love myself. Hence everyone is but a reflection of how I feel about myself. Every person in my life is the magnificent picture of what I think about myself. Every circumstance in my world is but the mirror of my own attitudes about myself and how well I like myself, how well I feel about my relationship to myself. Hence, whenever I see anything in the world that rankles me or that causes me to feel unhappy, I can be sure it is merely a condition that for that moment existed in me.

The condition that has always bothered me in the past about people who were so "darn good" was not that they were not nice people, but rather that they viewed the rest of the world as "beneath" them. They viewed the rest of humanity as being little better than animals. They viewed conditions in the world as inferior to their own circumstances and naturally everyone involved in these circumstances were miserably unintelligent beings whom they deigned only to allow on the face of the Earth but for a moment.

NATURALLY I WAS ONE OF THESE PEOPLE TOO OR ELSE I COULD NOT SEE THEM IN MY WORLD!

However, this attitude is one that I am thinking about right now, the ATTITUDE.

This attitude of being superior to others is merely one in which I live in a manipulative world. I live in a world in which I must "do" things to "make" things happen. And in this regard use the word: ego. This ego is self esteem.

The point here is what "self" do I esteem. Do I esteem the "self" that says it must manipulate its world or do I esteem the "self" that says it is its world and merely thinks its thoughts and the power of the universe vibrates to fully accomplish its desires for itself. That is the question. And it is from this point of view that I write in my book: MY WILDEST DREAM FOR MYSELF. For each day that I write in my book I find myself mellowing more and more. I

find my dreams changing from wanting and needing things, desiring to change the world in which I live, to manipulating my life and the lives of others—to the concept of BEINGNESS!

As I recognize that within me is the allness of all I can only give to myself of myself and be myself. I am the creator of all, I am the giver of all, and naturally I am the acceptor or recipient of all. For that which I give I am and that which I am I give. That which I have I give and that which I give I had to give.

This awareness comes as I daily write in my book. As I daily introspective think about my real nature. As I do this I find that my objective world changes to correspond to my subjective world within my consciousness.

It is not that I do something about the objective world, it is that IT IS A REFLECTION OF MY SUBJECTIVE WORLD! Pure and simple. This is all that it is.

Writing in my book daily causes me to objectively look at who and what I am. It causes me to reassess my values. It causes me to think more beneficially for myself and my world and thinking more joyously about all that is, all that is is more magnificent and more rewarding for me. And this is what some call the "bottom line" of the circumstance. What does the balance sheet reveal, is the show profitable or is it a failure? The bottom line of this philosophical psychological metaphysical universe in which we live is RESULTS! It is not dollars and cents alone nor is it manipulation of others at all, it is only EFFECTS. So I put the proper causes in motion and enjoy the beneficial effects that illumine and fulfill my life in thousands of ways.

Writing daily in my book: MY WILDEST DREAM FOR MYSELF is a workshop for the brain.

I do not call my brain my mind. For my mind is the only mind in the universe and it is absolutely pure. My brain too is absolutely pure however it does things from time to time that I consider non beneficial. It does it purely, though, and this is the confusion to me at times. It is my brain that I am working with and it is my brain that I am programing to clear its decks so that it will not have an unclean filter through which the entire concepts of the universal mind come forth into my brain. As I have a "clear brain", as I have a brain that is programed for purity, goodness, right action, happiness, illumination, harmony, abundance, wholeness and every other beneficial reality, then these are what I experience.

This is what my dream book does. It guides me from within myself to program my brain with the reality which I am. I am not doing this on the objective level, but rather on the subjective level of my brain. Doing this I am able to listen to the ideas of my inner self with better ease and greater credulity. I no longer challenge the concepts as being outlandish and irrational, but with a deeper wisdom and vision see them for what they are—my reality domain—my real self.

In establishing new values for myself on the subjective level I find it easy to flow into accepting this from my inner self. I find it so easy to see the truth when I look at it from my illumined point of view. No longer does the objective consciousness fight with me and say that it is not so because of the appearance world and the reality of this objective world. I know better now. I know where my reality lay and I am now directing my attention to a deeper and richer fulfillment of my divine reality.

## **EXERCISE:**

**Today I purchase a book of several hundred blank pages** and begin to write in it MY WILDEST DREAM FOR MYSELF every day. Every day I write whatever is on the top of my head regardless how silly it may seem or how utterly irrational it may appear. For writing daily in my book is a cleansing action for my brain allowing my brain to prepare itself for the outflow of the pure consciousness which indwells it. (As I wash a dirty glass before I put fresh water in it, so I wash my brain by letting the strange desires out into the light of day so they may be seen for what they are.)

**EVERY DAY I write in my book my wildest dreams for myself.** Regardless how silly or how strange my dreams sound to me as I write them down, I write them down every day without exception.

**I continue this practice until I come to the end of the several hundred pages in my book. Each page is a day. Each day I write what comes to the top of my head with no changing once it is written down.** I write directly what comes to my thought. I notice the changes in my ideas and what I feel are important. This takes place on daily basis and it is fascinating to watch the changes take place in what takes primary importance in my thinking on a day to day basis. The grand dreams I first thought for myself gave way to even grander dreams which find their basis in an inner truth I never dreamed was possible in my life.

As I arrive at the conclusion of my book and its hundreds of formerly blank pages, I look back over the dreams that I had in the beginning, I look at the thoughts that once were so very important to me and see that they are a magnificent barometer of the expansion I have made in my consciousness. I do not bemoan the former level of my thinking but revel in the growth that has taken place.

I determine now as I see what has happened with my book to indeed purchase an even larger book to work on this program year after year. For if so great an expansion has been made in my consciousness in so short a time, the possibilities are infinite for me to find greater depths to my being which I can only vaguely imagine. I am the master of my life and I choose to experience all that I am capable of knowing. This book: MY WILDEST BOOK FOR MYSELF has opened the inner bank of my infinite wealth for me and now I go forth to flood it out into my world.

I have begun to enjoy the infinite storehouse that lies nestled within my brain. I have begun to touch that infinite reservoir that has lain quietly beneath the surface of my awareness and now I claim it for my personal daily use.

**CREATIVE ACCEPTING SO VERY NEW**

To give to myself is a new idea. Always I have been trained to give to others. Now I have a new understanding of giving to myself.

The ability to accept has been a problematic condition of my life since childhood. Today I set a new cause in motion relative to my ability to accept.

Since I am the source and the source is unlimited, there is no reason that I should not accept the allness of the universe right now in me. The only limitation to my acceptance is the ability to conceive of myself having any desirable good in my life.

My inner self is always suggesting to me great things to do and to be. My inner self is always suggesting that I have beautiful things, beautiful relationships, beautiful emotions and now I know that I SHOULD listen to my inner self because my inner self knows what it is talking about. I can have all of the beautiful things in the world that please my eye, that please my senses, that please my spirit—for it comes from the unlimited source within myself. I now accept and it is mine.

## **BUSINESS SUCCESS**

I told a friend that their business was a grand success. They had been bemoaning their business and saying that business was poor everywhere. I told them that their business was a wonderful success and that they should prepare for that success. When I saw them a few weeks later they were bubbling over with enthusiasm saying their business had never been better. That while all of their neighbors were having poor sales, their sales were at an all time high. They said of me: You are a miracle worker, you said the magic word.

Then I thought to myself, I can say great words for others and help them enjoy expanding their business, why can I not do this for myself. Then I was caught short by the voice in me that said: **You name it and you claim it for your self. You are as great a success as anyone, accept it now.** If you say you are not a success you are not a success even if your sales are at an all time high, you will want them yet higher and bemoan even the successes you have.

I listened to my inner voice and realized that I was not accepting the divine revelation within myself. Sure, I could and often do speak of the success of others, but in the same breath I say that my own operation is not successful. From this instant on I am my own best sales representative. I speak from this instant on my word of acceptance and success for my business. My business is as successful as I envision it to be. If I envision it lacking in any way, so it is! If I see it blooming successfully in every way, SO IT IS!

This is pure psychology, this is philosophy at its highest, this is utilizing the reality domain in which I live at its most supreme level.

I am a success not because I am so capable but because I accept success. I do not have to know one thing about business, if I accept success whatever it is that is necessary to bring success into my experience, this will be done and this will manifest in my affairs. It does not matter what that is that is necessary to produce success in my affairs, it is done when I claim success, when I accept my success, when I live in the consciousness of success.

It makes no difference what the business is.

I recall a time when business was in an all time slump and even the grandest firms were sliding over the brink. I was a new business. I had been in the field for some years and was learning the way it was to be done. When my fellow businessmen were sitting over coffee telling me how terrible business was something inside of me said: Don't you believe it, you are a success!

I left my friends and went out to ponder on this idea. I listened to the LOUD VOICE IN ME TELLING ME NOT TO BELIEVE IN THE LACK OF SUCCESS. It was not a gentle quiet voice, it was the rumbling of thunder within my consciousness. I was fully ready for this information. I sat quietly alone and looked at the waves of the ocean smashing on the shore. Each wave was gentle enough, but together they created quite a scene. I thought to myself, it is not the number of sales I make in my business, it is the quality of sales that will make the difference.

I had been selling real estate as the slump had begun. I had to work hard to sell at least 100 small homes annually to make ends meet.

I attended the weekly meeting of our board of realtors in our community. I had always seen one table set aside for those who were the top sellers of the board—it was called the millionaire table. There was always an empty chair at the table and this day I decided to sit there. My mother had always told me that a man was known by who he associated with. Then I went home after the breakfast meeting. I looked from my home out across the beautiful ocean vista and only then noticed that my neighbors were some of the most well-to-do people in the entire city. I decided to go and list all of their homes for sale. Some told me they did not want to sell, but I suggested to them that they put an outrageous price on their property which they would truly accept if someone were silly enough to offer it.

Within two weeks I was selling the prime property of the city and had listed every property along the ocean front. I also made many new friends. I raised my consciousness to the level of a prosperity that I had never known before. I felt quite at home there and dressed the part.

Soon so many other agents were selling my listings that I did not have time to sell them myself. My sales during this slump period were at an all time high. All because I at that moment made a decision. I moved my awareness into a new level and followed my inner self telling me what to do to enjoy a prosperity I had never known be

I changed my consciousness. It was no longer work for me to conduct my business. All of the other agents looked at me and were exceedingly surprised that a relative newcomer to the business should do so well. I changed my attitude. I changed my thinking. I followed my inward guidance and was now enjoying the height of success.

Success is an attitude of mind. Success is a way of living. Success is listening to the one source within and following it completely, faithfully, wisely. It was not what I did but what I thought that brought me success. True I did the right thing, but first I imagined myself a member of the millionaire sales group. I played the role. I dressed the part. I accepted that this was mine. I claimed it as mine. And it was mine. Until I accepted it, even before I had it, I could in nowise enjoy it.

Success is always the treasure of the one who accepts it and acts upon the appearance or illusion before the fact is manifest.

## ACCEPTING PERFECT HEALTH

What is perfect health?

Perfect health is a concept. What can I conceive of as health for me, what can I visualize perfect health as for me, what do I know as perfect health?

Truly there is no way I can KNOW what perfect health is. I can only speak my word for perfect health. I can only live in the consciousness of perfect health.

What brings lack of success, the feeling that I am not successful. When I claimed and accepted success it was mine. When I claim and accept perfect health as mine, it is mine. There is no way I can define perfect health except to say: IT IS!

To enjoy perfect health I merely speak the words in a positive and dynamic way. There is no millionaire table for me to sit at to enjoy perfect health, I must go it alone. I must speak the word and know that the divine in me, that inner self in me, knows what perfect health is and will manifest it in my life if I make my claim upon it and fully accept it as mine right now.

When I visit friends in hospitals I immediately say to them: **Golly you look terrific, I have never seen you looking better, more healthy, more wonderful, in all my life.**

Naturally, they are experiencing the illusion of poor health and deride my comment. I say to them that if I were to look at the illusions in life and say that is the reality, then for me the illusions and appearances of life would be the reality for me. However, I do not accept illusion as the reality. I know the reality domain behind all and only accept the reality as truth for me.

By the time I leave my friend in the hospital they are looking better to themselves, they are feeling better, and they have a new EXPECTATION from themselves. Shortly they are out of the hospital and back living a healthy life. They changed their attitude about their bodies and their bodies responded to the changed attitude and expressed the native healthiness which was always resident within them.

This is the way the principle works. Until I accept the truth of any situation, it cannot manifest. Any good must be accepted to be experienced. It must be accepted even in the face of the appearance of the lack of the condition desired. It is not something I do to myself, it is something I claim and accept for myself. Whatever the experience, when I claim the truth and accept the reality only the purity can flood forth into my experience.

I may never know the cause that brought me difficulty or ill health and I do not need to know that cause. I may never know the reason that my business was unsuccessful, but when I put a new cause of success into motion for myself I experience success.

The principle I am dealing with is not one which says I have done the "wrong" thing, for it was not the wrong thing which I did to accomplish the unbeneficial response. It was a perfect good cause, it was a perfectly valid cause and it brought me that for which it was placed into motion.

All I do is to live success, to live a healthy life, and whatever I live and accept in my beingness I experience.

### **RIGHT RELATIONSHIPS**

My world is filled with friends, thousands of friends. I have no acquaintances. I have no enemies. I have no detractors. I have no one in my life who does not understand me. I only create about me a world of people who are totally harmonious with me and with my divine reality. I love everyone so completely that there is no room for another concept of beingness. I am totally master of my world and of my consciousness. Thus every being I HAVE CREATED IN MY WORLD is a perfect reflection of my attitude about myself. I love myself so completely I love everyone else. I accept that all in my world love me. If anyone in my world comes into my presence they feel this eternal love and respond to this love in me and we are the best of friends.

Should anyone in "the world" which might be considered as an area "outside" of my world, not fully appreciate me, they NEVER enter my world. Everyone is perfectly free to live and be whatever they are in "their world" but in my world they are loving, thoughtful, generous, marvelous beings. This is my creation. I can only create in my world and I create well in my world. I am the master of my world and I take good care of this responsibility on a moment to moment basis.

Should I "for a moment" forget my inner source of all good and "feel hurt or unloved" the longer I dwell in this attitude of thinking, the more difficult it is for me to move away from this consciousness. It is only a matter of changing my attitude, changing my acceptance, but I have allowed it to fester and grow so sometimes it seems to take longer. However if I immediately take control of my life whenever such a situation comes about, if I immediately love myself so completely that there is no room for another opinion or an attitude from me or in my consciousness from others, then the situation immediately rights itself and the reality domain that was always there demonstrates.

As I maintain this consciousness of perfect love for myself every experience in my world is perfectly loving. It is as I dwell in my thinking upon an untoward person or event does it appear to be intractable. Immediately at such times I MAKE RIGHT MY THINKING and the situation and the relationship rights itself in perfect order. There is nothing more that I have to do to bring about peace and harmony in my relationships than to change my thinking.

Whatsoever I ACCEPT in my relationships, that is what I experience. I choose to always and only accept happiness, peace, purity, thoughtfulness, goodness, harmony and love in all of my relationships and so it is.

### **LIVING THE ABUNDANT LIFE**

Money is abundance. Things are abundance. Rich living is abundance. Happiness is abundance. A healthy body is abundance. Right relationships is abundance. Peace is abundance. Harmony with all in my world is abundance. The fullness of all of life is abundance.

How can I have an abundant life except by working hard and earning a good living? How can I enjoy lots of money unless I do that which brings money to me? How can I have happy relationships unless I do what is necessary to bring this happiness into my experience?

This is the standard way of thinking. This way of thinking is the way that society has taught me to think all of my life. Because I feel I have to do something outwardly to have the abundant life, the majority of mankind and I have not enjoyed the abundant life. This type of thinking has always been the problem for me because I wonder what I should do to have the abundant life.

Now I know the true way to abundance.

The true way to abundance is in consciousness. It is only in my thought that I can experience absolute abundance. For in the illusion of my brain do I create any circumstance that takes place in the world about me. All first begins in my thought—then the appearance manifests.

I am dealing with the law of the universe when I seek to experience abundance in my life. The law says that I need only say: I AM ABUNDANT. With this statement abundance comes forth in my experience.

As I visualize abundance for myself so I have it. So many of my friends say they want to be billionaires because to be a millionaire is not enough these days. Yet in the same breath they say they do not have enough to pay their bills, they do not have enough to buy what they choose in life, they do not have abundance. Naturally, they say they do not and the law says, OK YOU DON'T!

If I want money I must determine how much I want. Then I must be able to visualize myself having it. If I say I want a million dollars I must be able to conceive it. If I cannot conceive \$1,000,000.00 I cannot have it. For the brain must make the mental mold to encompass that amount of money. Few people have it because few people can visualize it. Those who have it usually have it as a byproduct of their other thinking, their other activities, and they have it, it was not their goal. They wanted success and the money came with it.

Some people put play money on their mirror and look at it every day and say they are rich. Their brain knows full well it is play money and not real and they do not demonstrate the money because I cannot fool my brain. It knows the truth and will not be ignored. If I say to a person who has a large play bill on his mirror: Why don't you spend it, they immediately tell me it is play money. So who are they kidding.

What I can visualize is my writing out checks to pay bills and owning various things. This is something I can more readily conceive as a reality in my consciousness. So as I have a desire in my world that requires that it be paid for, I visualize the event taking place, the



merchandise in my possession, the reality of the thing as done. My brain can more readily accept this possibility and hold out the mold to accept a "thing" rather than cash in the hand.

To have a wealthy consciousness is not spending money or in having things. Having a wealthy consciousness is in living as though I were already that which I would see myself as—in this way the reality can demonstrate more readily in my life. There is nothing unspiritual about the things of this world. All is spiritual. All is divine. Even a small portion is divine, albeit a smaller portion of the allness.

Whatever it is that I desire in my world which people might call abundance is something that can be visualized. Even if it is visualized only a moment, so long as it is a clear visualization.

I spoke my word to own a computer. I selected the one that I wanted. It was not the least expensive but it was the best one on the market for my purposes. I got the literature and studied it. I told my friends this was the computer I was buying. I studied it and learned as much as I could about it before I purchased it. Then the money came forth from many varied places, channels, and it was done. First I had to have the picture in consciousness. Then I had to be decisive on what I wanted. Several other models were offered to me as equally good, more and less expensive. I had made my choice based on that which was the finest available to do what I wanted to do. I purchased it and it was mine.

At the time I looked for the computer the money was not in sight. At the time looked at the computer I had no electricity to operate it but that was no deterrent to me. At the time there were many other things for which the money could be well spent. However, the money came and it was purely earmarked for the computer. So now I have a lovely computer that does everything that I want it to do. Paid for!

I was in a meeting and the speaker was talking about Switzerland. I had no idea of going there. I had no interest in Switzerland. He said such interesting things about Switzerland that I looked up the country and studied all about the country, still not being interested in going there. Then the next thing I knew I was invited to speak there. The law fulfilled my dream even ever so casually dreamed.

As I dream my dream, as I think my thoughts, as I say my word—the power of the universe vibrates to reveal it.

To enjoy abundance all that it is necessary for me to do is to speak my word and claim the abundance I desire and then accept that it is already mine. As I do this, the power of the universe revealing my desire brought it forth into my experience. I need not know the channel through which it will come or how it will work, I work the law.

## **EXERCISE:**

Whatever I consider abundance manifests in my life as I visualize that it is already there. As I place the law into motion by my recognition of the desire as being accomplished, it is fully accomplished. Should I change my mind I must reestablish my priority with the law to

bring about my desire. For each time I change my thinking or my desire I must place the cause into motion once again. For now it is a new cause. It is a new request into the absolute principle of all. The law cannot know where my consciousness is unless I speak my word and specifically call forth the good I desire. It is only then that the law functions positively for me.

The law always functions positively. When I change my thought or desire and do not put a new cause in motion, the old concept or request is valid and no new one is put into motion so nothing takes place.

Now I speak my word and the law demonstrates.

**I AM ABUNDANCE.** Consciousness knows what money I need, it knows what amount of money I am able to accept and right now it is revealing this in my life and affairs.

**I have every desire of my heart fulfilled right now.** The law will fulfill this desire once I have made my claim upon it and accept that it is already accomplished.

**I now enjoy my new car.** The law knows my need. I describe my new car in my consciousness. I get the literature from the car dealer. I test drive the new car. I prepare a place for the new car at my home. I totally accept that it is accomplished and it is done.

As I activate the law as it is designed to function the law brings forth in super abundance whatever it is that I have spoken my word for. First I must have the thought of what I want without any changes in thought when I finally put the cause into motion. Then as it is manifesting in my world I remain consistent with my desire. Holding true to it with all of my heart and all of my being. I live as though it were now complete. I accept it totally into my life and affairs and it is thence demonstrated for me.

## **EMPOWERED MONEY**

Many times people give me gifts. They expect me to be so very grateful thinking that I need their gift or that I need to have their largess, their offering as to an inferior. This is no gift at all.

I have seen some of my friends play the role of the big spender. In a restaurant they over-tip the waiter. They give him half of the dinner bill as a tip. They think the waiter will fawn all over them and be so appreciative. Often the waiter plays the role while the "customer" is there but the minute he walks out of the restaurant he usually tells his associates what has happened and remarks what a great fool this person was. He appreciates the money. But any money given where it is not earned or where it is not "called" for is fool's money and goes to waste.

Many fund raisers who seek funds for organizations call for "empowered money" as gifts from givers. This is a very excellent word. Empowered Money! This is money that is given specifically so that it may do a good work. It is not so small that it is but covering the

cost of the fund drive, but it is empowered money that will be able to do a good work. Any other kind of money is fool's money, given merely covering the cost of soliciting it.

I desire all of my money to be empowered money. This is money that is designed to a purpose and fulfills that purpose. I accept that all money is mine and that for which I spoke my word is accomplished. Whenever I take money that is empowered money and spend it on something for which it was not empowered, the desired good never manifest. I have not been true to myself. Myself requested the empowered money, myself determined that for which the money was empowered and myself violated the empowerment. Hence the money was wasted and useless. It was fretted away and was to a useless purpose not beneficial for that for which it was to be empowered.

I empower the law to carry out my desire for it. The law fully accepts the responsibility. As I prepare myself to accept the good as it is manifest, the law can deliver. If there is no mold into which the money can be poured, it is lost. As money is substance in a mold or form, so the ideas I have are the substance which are poured into the molds of my consciousness to achieve the goal I establish for them.

I empower my life to the fulfillment of my goal for it. As I do this no matter what is the desire of my heart, it is fully brought forth. Unless I am standing ready to receive it, it cannot come forth, for there is no one to accept it. So I always take this responsibility and am always ready and always claim my good and always accept it.

## **TECHNIQUES OF EFFECTIVE GIVING AND ACCEPTING**

### **1. I am the giver.**

When I know that I am the giver then I know where it is that I go to determine what it is that I desire for myself.

It has happened so often that I would see something that another has and it pleases me so greatly that I immediately go out and purchase the same object. Then I find out that it is sorely matched for my purpose. If I would have used the illusion of what another has as an IDEA for me and then done proper research into that object I would have then bought the item that more properly fulfilled my purpose.

It is too easy to look at the illusionary world about me and think that this is the all in all. If instead I would look at the divine within me, if I would go to the source at the center of my brain and say: That item looks most interesting, what is it that I would like to do with it, how would I like to use it, is there another item that would be better suited for me, what is it that I really desire, what is it about that item that *turned me on*?

Answering these questions I would not only find the perfect item for me but the way to achieve it and where to find it would be instantly illumined in my consciousness and I would be totally happy with whatever I then chose to have. The law in me, the divine wisdom in me, the eternal principle in me knows exactly what it had in mind interesting me in the item in the

first place. As I then listen to the divine in me the perfect solution to the inner urging will manifest in my thought and I will know exactly the right thing to do.

## **2. I am the desire.**

Within me is an infinite intelligence which is always seeking to express itself. It knows all things. It is always aware of what my consciousness can utilize best to accomplish the purposes of my life. As I listen to this infinite intelligence I am always thoughtfully illumined as to what it is that I truly desire for myself.

Many times I think I want certain things because I see others having it. I think I want things because I see them in the stores. I think I want things because they seem like happy gadgets. But I do not want all things. I do not even want some things. I only chose to have and experience things that support and fulfill my immediate goals for myself.

Since nothing ever happens by chance the things that I see and the things that amuse or inspire me are for that purpose alone. To amuse and inspire me! When I think that they are what I should have, then I have missed the message of the reason they have come to my attention.

I listen to the wisdom within me every time I see anything that appeals to me. As I do this the doorway to a greater understanding is made known to me. And rather than desiring "that" object, I find it is only to pique my interest and get me started thinking in a certain area of thought and aspiration. The desire only establishes a step on the pathway to accepting from the giver which I am.

## **3. I am the solution.**

I have seen many advertisements for computers. Each was a pique to my desire. Each was demonstrating wonderful things and some were very specialized while others spanned a wide range of possibilities in a computer. As I listened to the divine intelligence in me I knew the desire for a computer. Then I knew that any computer would not do. My divine suggested to me that it should be portable to travel all over the world and be as self contained as possible. Then the door opened "by chance" that I saw an advertisement in the paper for the perfect computer. I went to the store where it was displayed and attempted to buy it. It was not timely for the purchase and it was unsuccessful. Later in 1976 I went to another store selling the same computers and there they had "my" computer. If I had forced the first purchase I would not have made the second—which is perfect for me.

Having many programs for my computer I wanted to put them into the system itself. I asked a salesman whether it could be done. He told me categorically that it could not. I told him I thought it could and would he check. He said it could not be done and it was foolish to think it could. In me my divine intelligence had already told me it could be done so I sought out another salesperson. He said he would ask and see. By chance the factory representative was there and he thought a moment and then said, "Why yes, of course, I know of a man who

takes any number of programs and burns them onto a "chip" that is already in the computer and it will take many programs. It costs a few dollars, but it is worth it." Since I listened to the intelligence within me the answer to my solution was evident. Had I accepted the outer wisdom I would have surely thought it was impossible.

#### **4. I make my claim.**

No matter what my desire may be, no matter what the solution is, unless I claim it as already complete it will never be revealed in my experience.

I make my claim upon the substance and wisdom of the universe by my statements of truth about myself and the experiences that are important to me. It does not matter what the experiences are that I choose to demonstrate in my life, if I make the claim thoughtfully and successively, remaining consistent to my desire all of the time, that comes forth in my world perfectly, easily, fulfillingly and in every way a perfect expression of that which I choose for myself.

**The best way I can make the claim upon the universal is with my affirmations. An affirmation is a statement of truth about a condition in my life, about a circumstance in my world, about who and what I am.**

An affirmation states simply and perfectly the truth.

An affirmation is a recognition that it is already done. An affirmation is a claim upon the reality of all that it is—not something in the future but—complete in this present moment.

The claim and affirmation program my brain properly so that it will allow the wisdom to flood forth from the eternal consciousness of all which dwells within me revealing its perfect pattern and pathway for the accomplishment of my choice for myself. So I always claim as already completed whatever is the desire of my heart.

#### **5. I now accept.**

The law does not work tomorrow or in a future time. It always works in the present tense—RIGHT NOW!

The givingness of my innate nature cannot fulfill its nature unless that nature is totally accepted.

Only when I write my check on the bank of myself can I enjoy the benefits from the infinite wealth that lies within my being. The intelligence of all within me speaks the way, the substance of all in me offers the matter for the mold for me to experience all in the physical universe, I must accept or it will never be revealed.

As I recognize this as a reality I fully accept and give it room in my life.

I accept my perfect health right now.

I accept my perfect abundance right now.

I accept my perfect relationships right now.

I accept the perfect business success right now.

I accept the perfect solution to my every desire now.  
I accept my reality as both the creator and the created.  
I let go and let it happen in my life now.

And so it is!