

## Living with Positive Thinking

Everything I ever do is positive. Hence, saying I am living with positive thinking more properly means that I am living with beneficial thinking.

So—now I get about the process of living every day beneficially. Sounds like it is a lot of fun.

### What Is Positive Thinking

Throughout all of my life I have been told to think positively. I have been told to have a positive attitude of mind and to keep my thoughts positive. I have been told that it is of the utmost importance to think well of myself and to think well of my world. I have had this given to me from my childhood on and even though this has been true it has always been confusing just what is meant by thinking positive.

To me the word beneficial speaks more to the subject and it is something that I can equate to much better. To think beneficially is to think in a way that will be something that I desire to experience in my life. To think about things that I desire to happen in my experience.

So it has been my tendency to imagine all of the wonderful things that could take place in life and imagine that it was happening to me. However whenever I told anyone about it they said I was wishful thinking, I was daydreaming and there was no possibility of my ever achieving my dream because dreams never come true.

All that was left for me was to think that only the pragmatic way of thinking made any sense. Only the pragmatic operation would avail—it must be practical. If it worked it was good, if it did not work, forget it. If I could feel and touch it, it was good, but if I could not touch it and feel it and see it in the physical sense it was not really practical.

However, something inside of me rebelled at this concept. I could not allow the imagination and the intuition that was resident in me be stifled by other's opinions. I had a dream, lots of dreams, that had to find fruition. I had many wonderful ideas which could never measure up to other people's ideas of what was real and what was not real. I had to go out and do what was right for me.

I have always been a positive thinker. I have always felt that there was goodness inherent in all people. I have always felt that there was something so wonderful, so good and beautiful in all people, that I just had to look for it and find it. From that day on I knew that find it I would. Strangely enough I also found most of my friends had this same inner drive to seek out the beautiful in others. It was not something that I said, it was the way I lived. I was always looking for the beautiful and good in others and was finding it in great measure.

This attitude of positive thinking is something that is inborn in people and only needs to have the opportunity to flow forth into a marvelous expression. I felt since I did it others most certainly would also.

I decided to work positively in all that I did. I would not allow myself to read anything that would hinder my harmonious oneness with all people. I loved everyone and so I would only read materials that were uplifting and supportive of the divine way of living. I would only listen to radio programs that spoke to the best of every person. Sometimes it meant not listening to the radio or television at all. Sometimes it meant that I would not even open the newspaper. More often it meant that I did not go to the movies or read magazines that were even of the highest caliber.

Did I think I was better than others who read and listened to that type of information, not at all! I had merely made a choice of what I was going to program into my consciousness and I chose to program into my thinking only that which was positive and uplifting. It was a decided choice and I make it with great sincerity today. Today I no longer have to think about it for the attitude is set, the habit pattern is established and these things do not even come to my attention.

Now, when I even look casually at something which is not what I consider desirable to put into my internal computer, I have the feeling that a dozen eyes are looking at me saying to me, *So pure!* It is not difficult to do. I have set the pattern and it has become a comfortable habit of goodness.

## My Attitude Controls My World

I live in the awareness that my attitude controls my world. I take full responsibility for this positive thinking. I think positively—beneficially—with every thought that enters my head. I am most careful about what I call jokes. For jokes have a way of being insidious and saying something that I do not REALLY want to experience in my affairs.

Jokes are meant as backward comments on forward situations. They often cut deep into the personality and into relationships in a manner which often cannot be repaired. It is important to remember that I do not need to gain points with others at the expense of still others. For such points gained have a way of backfiring upon me and leaving me as the dope, as the insignificant one, as the dolt who is so very insensitive to the feelings and internal workings of another. I do not need to participate in this type of thought and I choose not to so participate.

In fact, jokes have no place in my world!

As I live more and more from my divine reality, as I live more and more from the purity of my being, I lose all interest in things which have a double meaning and cut at another in any way at all.

My only purpose is to live so beautifully and to create so marvelously that no one in my world including myself could ever be the butt of a joke and such a desire is totally foreign to me and EVERYONE in my world.

My attitude about others begins with myself.

I see myself always successful. I see whatever I am involved in as successful. No matter what it is. If I am involved in it it is good and very good. So no matter what I am doing it is something of which I am proud. Whatever I am doing is something which deserves to be completed and fulfilled because it is beneficial to me and to others. But FIRST it is beneficial to me. If it is not beneficial to me it has no right to continue to succeed or exist. For this reason I know whatever I do is just great.

## I Know Fantasy From Dream Reality

Here is where my dreams and imagination come into effect, here is where my intuition comes into play, here is where my reality domain seeks expression and finds it.

I have had hundreds, perhaps thousands, of wild dreams that I never thought could become reality. Many of them did. It was always a great surprise to me that my wild dreams did manifest. I would naturally be delighted—but imagine that—what I wanted and only dreamed was possible actually did happen. How great!

How was it that some of my dreams manifested while others did not? Simple, some dreams I was totally harmonious with while others were only fantasy. Fantasy and my really important dreams often intermingle and get confused. As this happens I have to be careful. For the fantasy often is at the expense of others, wanting something that others have, not the generic object but the specific object. I keep myself totally aware of this conceptuality.

Fantasy is always quite clear. While at times it is on objects, at other times it is an escape from the conditions of life that I have placed in motion. It is a freedom from the effects for which I have placed into motion causes. However, these effects can be changed in a more meaningful way as I take positive charge of my attitudes.

It is quite human to want to escape. Death is one of the great escapes from living life—completely and fully. I know that all death is merely suicide where I willingly decide to end my existence on this plane. As I change my attitude, as I take full control of all of the circumstances in my life first with my thought, the need for death is ended. I have eluded the human and lived totally in the divine. As this is done all human conditions cease to exist for me and their illusion is useless in my reality domain.

Any dream is a fantasy when it seeks to override a negative condition. It is a fantasy when it pretends to be an answer to a problem while it answers nothing, it only ignores the problem and pretends a solution which says the problem had never even been there in the first place.

Problems exist because we have used the principle of life in nonbeneficial manners. It is just so simple. Not because we are unworthy beings or that we deserve to have the negatives in life as our gift, our presentation from the ultimate essence of all life. Nothing so grand as that. Nothing so impressive as this for us since it is only the use of the LAW OF CAUSE AND EFFECT in a nonbeneficial manner.

## I Dream Big Dreams

Now I am confident when I dream wonderful dreams that they are the reality of my existence and not merely fantasy. This confidence assures me that my dream not only is real but it is a dream that I may manifest right here and now should I choose to put the correct cause into motion to affect it.

This happens when I think positively, think beneficially in every relationship in my life. There is nothing more that I must do. I feel this great freedom to experience the dreams that are so ever present in my thinking. Their greatness no longer overawes me and I am able to look at it with an eye to accepting the practicalness of my dreams right now. The illusion is now gone and I am secure.

The dreams I have each night and during the day are those which I have created and desired. Any dreams or any illusions that intrude upon my consciousness which are not beneficial I choose to release and they are released.

So many people tell me that dreams are important and there is so much to learn from my dreams. They tell me that I should study my dreams. They are the unfulfilled desires of the day manifesting themselves in my night dreaming state. I know this is not true.

I know that my sleep consciousness and my daydreaming consciousness are when my thoughts are most open to a divine revelation. This is the complete acceptance of myself and what is going on in my thinking mind.

Whenever thoughts manifest themselves as dreams which are negative or are problems in my sleep, these are merely the unwanted attitudes which I have allowed to creep into my thinking. This negative conditioning in my consciousness is the impression of my world and my life where I allow my peers, my parents and others to cause me anxiety. It may be the cause of this anxiety for me, but I am the one who accepts it as mine. This includes what I lovingly call nightmares or bad dreams that cause my being to cry out in the night. All this is totally unnecessary when I place my consciousness in the right frame of reference in my conscious thinking time.

I am the master of what I allow to enter my thought, what images I allow to enter my brain. My brain is an empty vessel receptive to whatever is placed into it. Its capacity is infinite. Its ability to manipulate this information or these images is fantastic. More often than not it places things

out of context. It says that the movie I have seen in which the terrible animal is doing terrible things turns out to have me be that terrible animal in my dream, or that I am the one to whom the terrible animal is doing his dastardly deed. These are the essentials of how nightmares operate. Always I am the operator, always I am the actor, the producer, the director, the cameraman, the film, the projector, the theater and the audience. I am all, I play all roles, and I am the response to my presentation.

From this moment forth I choose to play on the screen of my consciousness only those beautiful positive beneficial films which reproduce themselves in the illusionary world in which I live for this while.

Since I am the total production and since it is being done only to and for me, I may as well have a most enjoyable production that both pleases and fulfills my emotional desires.

Now I determine to dream big dreams. I choose to ignore all of those experiences in the world about me which are not desirable in my life. I not only ignore them I take charge of my world and create in my life harmonious activities and conditions over which I alone am master. Over which I determine the outcome. Over which I determine who are the actors, who are the producers, who are the audience—all are me alone.

Since this is true I take control right now.

In my quiet time, in my meditation time, which is what I do one hundred percent of my life, for meditation means to think about, I now work creatively. I listen to the quietness of me within. I listen to that self of me I have ignored for so long and really pay attention to what I would like to do.

What I would really like to do has been pushed into the background of my brain because my world has told me that such WILD DREAMS are the fantasy of a deluded consciousness. Now I know that is not true. Now I know that the beneficial dreams of my consciousness are my reality domain and I enter into it most powerfully right now.

I choose to have only BIG DREAMS.

A big dream is the utilization of my happiest skill to its maximum. I now list my seven biggest dreams.

RIGHT NOW, RIGHT HERE

I

## CATALOGUE MY HAPPIEST SKILLS


Now that I have determined what my happiest skills are, now that I have given them the light of day in my thought, I can begin to give them reality in my experience.

Each of the grand dreams I have listed here are real. Each of the wonderful happy skills that I have are now coming forth into expression in my daily experience. I see each one as complete and perfect right now. I see each one as the fulfillment of its own perfect self in my activities now.

Every day, from this day forward, I visualize my dreams, I think about them positively, beneficially, thoughtfully, and as I do this, the dreams grow as a reality. I breathe into them the breath of life, the substance of my own being, and as I do this, the dreams take on the substance of my substance. It is a principle which has been executed from the beginning of the world, from the beginning of all time, and I execute it now in my world of experience and manifest it marvelously.

Symbolically I have chosen seven big dreams, seven of my happiest skills, which I determine are high on my priority list and are the first of an infinite number to be fully realized in my life.

Until I make my list, until I set the cause beneficially into motion for myself, I am unable to have it. It is not a WANT LIST, rather it is a real list of who and what I am now. I live in such purity of consciousness, such a fulfillment of my divine reality, it is natural that every thought that passes through my brain, comes to fruition in my life. I am the master of my experiences. I am the creator of my world. My thought manifests in the expression of that upon which it is maintained. I choose them so wisely and well now.

Now that I have listed my seven biggest dreams, my happiest skills, I daily review them as already completed. As I do this I become more and more at home with these dreams and watch them manifest.

It is not always an instantaneous action although it well could be and it is the more practiced I become in this art. I let it manifest. I give it form with my form substance with my thought, reality with my conviction, expression with my love, enjoyment with my playful using of it even before it is demonstrated. I play with it, I use it mentally, I see myself thoroughly appreciating its presence as a useful expression in my daily life. I am IT and IT is ME!

As a child mentally rides the horse they so greatly desire long before they receive the precious animal, so I playfully use my happiest skills mentally before I used them physically. The physical expression follows immediately.

I do not tell others about my big dreams for though the big dreams are real, though the big dreams are a reality now in my thinking, they are still fragile and tender. I will let the world enjoy them too as I have given them flesh of my flesh, blood of my blood, power of my power, reality of my reality. This is soon enough for the rest of MY world to see and enjoy with me the outpicturing of my grand dreams, my greatest reality for myself.

One by one I work with my happiest skills. One by one living and loving them into existence and expression in my world and my daily life.

One by one. Only as I give each time in my meditative thought can it flow forth into that which I am. Each one deserves my complete attention. Each one deserves my full appreciation of it as it is birthing into my universe.

As the child in the womb matures and grows, becomes more and more “real” while all of the time it was quite real, for me it becomes more and more what I conceive it to be, all the time it was that which it is. So the ideas



aborning in my brain are forming, maturing, fulfilling their divine purpose before they flow forth into outward usefulness in my life.

Just as I knowingly give the fetus time to mature, so I give my happiest skills, my biggest dreams, time to mature in my brain. I love them there. I see them already matured. I see the skills and dreams already doing all of the things I think for them and in my mental picture they are already doing just that in their joyful competent efficient manner.

Just as I dream what names I shall call the unborn child, so I dream what names I will place upon my skills and dreams. As I do this, the dream floods its warmth into me as even I flood my own lifegiving reality into it providing it with all that is necessary for its own maturation. I am one as and in my dream. Just as I am one as and in my unborn child. We are one, even as I am one as the universe, so I am one as the unborn dream or the unborn child.

Big thinking manifests in big results.

Nothing can come into my world unless I give it my power and my reality. I give it that power and reality now and I am one with and as my creation. I experience the big results of my big dreaming right now. I choose to dream BIG!

## I CONTROL MY ATTITUDE

I live in a world filled with people who enjoy being human and having human needs and wants. So long as I choose to live in such a world I experience human attributes.

I choose today to live in a world of divinity. A world in which I see my reality and in which I live harmoniously with my divine intention. I live this way because this is my pure nature. This is my perfect reality and this is all that I am and all that I am able to conceive.

I recognize this is not wishful thinking but reality. In wishful thinking it is never realized. In reality it is fully expressed every moment. Every moment the reality is more and more beautifully expressed and experienced.

I control my attitude by establishing who and what I am. As I do this the opinions of others and the conditions of the world which might momentarily differ from my understanding—immediately are my opinions.

This is not controlling others.

I never want to control another. I only create others in my world who are both harmonious with me and a perfect reflection of who and what I am. Hence every being in my world is a beautiful indicator to me of where I am in my own consciousness. If I see “out there” anything which is not in harmony with what I “think” my thinking is, I can now change my thinking and align myself with my pure reality rather than with the appearance world of illusion and temporariness. For I am the creator and I create beautifully.

My attitude is the only condition I can control in my world. As I control my attitude, all else is perfect as a reflection of my thinking about it.

I positively create others in my world. I do this with a very conscious choice. I think to myself who would be the most joyfilled and beautiful people in the world. What would be their attitudes. What would be their manners. What would be their habits. What would be their thoughts about themselves and what would be their thoughts about me.

As I ask these rhetorical questions of myself alone I answer them with thoughtfulness and these are my responses.

As I create joyfilled and beautiful people they are those who always think of the beauty in the world in which they live.

Every moment these people see harmony about them, it is the harmony that floods forth from the very center of their being. They see the world as peaceful and loving. For they are peaceful and loving. They see the world as a center in which human virtues are forgotten and the divine virtues are lived and expressed. My choice!

The divine virtue of purity is lived by these people only as it is lived by me.

To clarify my thought here it is important to recognize that being human is not equated with being unbeneficial or bad. Being human is living in a consciousness which says that others are necessary to the fulfillment of my happiness, of my good, of my needs. Being human I must have another to mollify my emotions, appeasing them in others and me. Being human is the game I choose to play while on Earth. It is the only game in which the winner remembers that he is divine.

My divine virtue is that I love myself completely. I love the world in which I live. I love all of the people I have created in my world. I love the game I am playing of being human and remembering I am divine.

My divine virtue is that I recognize that I am master of myself and my universe. I need nothing, I want nothing—but I LOVE EVERYTHING, I THOROUGHLY ENJOY EVERYTHING. And since I enjoy everything, all is good and very good, totally beneficially.

This would seem that being human, then, was good and very good too. Yes, I believe being human is good and very good. I believe that whatever I choose to be at any moment is good and very good. No matter what!

On each level of awareness that I dwell it is good. On each level of consciousness that I express it is good. On each area of livingness that I choose to be it is very good. For I do not create anything less than good.

This means that anything that I create or anything that ever was created by mankind is good and very good. YES! Than that means war, crime, unhappiness, desire and death are also good and very good. YES! For all is my creation and I am divine and can only create what is good and very good. To conceive of myself as creating anything which is not good would be to conceive of that which is not good.

Now to say that some of the things I create are nonbeneficial is to speak wisely. This choice I can make as I choose and in the choosing must pay the consequences of my choice.

As I live positively or beneficially and think this way continually there will be no “place” in my world for war, crime, unhappiness, disease and death. These are inconceivable conditions and circumstances that have no place in my consciousness and hence no place in my life.

It is only as I give permission for certain thoughts to dwell in my world that I experience the responses of these thoughts in my consciousness and in my world.

My world is always pure and perfect—beneficially.

My world is always successful and joyful—beneficially.

My world is always peaceful and good—beneficially.

My world is the creation of my momentary thought, my daily meditations, my convictions, my belief about myself, my dreams for myself, and yes, my fantasy about myself. Whatever it is that I entertain in my brain, in my consciousness, in my thinking, this is expressed in my world. I am a free spirit able now and always to do as I choose in the manner that pleases

me. My brain has the clear picture for me to act upon now so that my decisions are wisely made.

## ONLY ONE DIRECTION FOR MY THOUGHT

I am not free to think any thought I like without getting a result from thinking that thought.

Should I allow any thought at all enter my brain that is inharmonious with what I believe about myself, that is what I will experience. This is why it is so very important that I keep every thought I think pure and divinely directed. I choose to only experience wholeness, right action and peace in my life.

I am the master of my thought and my thinking and it is up to me to determine what it is that I think every moment of my life. For this reason alone I am experiencing the life that at this moment I know and live. It is not because of a rapacious desire, which could also be present, but because of the individual and collective thought considered every moment in my brain.

My thought can only be one directed. Whenever my thought is two directional the principle of the universe, the LAW OF CAUSE AND EFFECT says to me: "You are confused, you do not have a clear picture of what you desire so I can not act." It is not a matter that it does not act or will not act, it is the need for a clear picture of what I want. The law always responds but it only responds on my clear decision of what I desire from it.

Whenever I do not achieve the desires of my heart and wonder why they have not manifested, with simple directness I can look at my desire and see it as unclear.

If I were to give information to a computer and ask it to give me output, that information would have to be clear and definite. The decision to do is made before it is given to the computer and then the computer acts positively and brings about the result.

So it is with my life. When I give orders to my internal computer, my brain, which is one with and as the law of the universe, that order must be definite and clear, with no indecision about it and it must include within it the possibility of being done for and through the vehicle in which it is to perform. In my case, my body.

Whenever I have any doubt in my thinking that it will be done the law does not deliver. Whenever I have any indecision in my thought the law does not deliver. Whenever I have any idea that my desire is not worthy, that my desire is impractical, that my desire is blatantly nonbeneficial for me and I know it, whenever my desire is based on something that I know is something I could not accept—the LAW WILL NOT DELIVER.

My thought brings me anything regardless that it is good or bad, beneficial or nonbeneficial. My thought working through the law has no scruples, no ethical principle that inhibits it from performing, it just does. However I have within me builtin reserves about what I may or may not do. These are interpreted by the law and acted upon by the law even when I think it is not.

If I were a person who could steal, kill and hurt others as a normal activity of my daily routine, there would be no inhibiting ethical principle in me regarding these things and I would be able to do them quite professionally, very well.

The law would perform here very well indeed.

However I do have many scruples and live by them very carefully. These ethical principles are very important to me and if ever I would seek to violate them the law would know that it is not my nature and would not perform on my behalf. For within my very nature are the inhibiting principles that would befoul the activity of the law to accomplish this act.

I know the rules. I operate within the rules. I get results. My life is the expression of the rules, the result of the principle, the result of the LAW OF CAUSE AND EFFECT. I understand this and cooperate with the law and have happy and beneficial results. This is totally the effect of my own positive thinking one directional.

## HOW DO I LIVE POSITIVELY

Living and thinking positively are part of the same great picture. For my life is a composite whole and not the sum of its parts. It is the completion of the entirety and cannot be divided up into its parts.

Knowing my unity with myself, my thinking and my living, I know the necessity of constructively planning my life and executing the plan so

that whatsoever I desire for myself may come forth in the manner that I choose to experience it now.

The only way to live positively is to prepare a plan of action for my life. To prepare a plan of action requires that I know what I desire from life.

I choose to have harmonious relationships with all in my world. To do this I must first find harmony within myself. I must first clear the deck within my own consciousness so that the stage is set for experiencing harmony in every area of my life. There can be no place for negative actions in my world for any negative action I give out will bring a negative action in return. If I permit myself even one vindictive act that will spiral into myriad others that reflect back into my world.

To have harmony in my world I must be harmony, live harmony, express harmony in my thoughts and actions, in my expectations, in my expressions, in my total beingness. For the only harmony that I can know is the harmony that is within my consciousness.

Extremely vital in my thinking and acting is the recognition that the world is a mirror of what I am thinking in my own consciousness. Whatever is my awareness of myself is what I see in the world about me. Whatever is in my thinking I see in the world about me. Whatever I speak my word for is what I see reflected back from the world about me, from the mental attitudes of those in my world, from my world alone.

It makes no difference if I say I am pure in my heart, what I truly am is reflected back to me from the world in which I live, move and have my being. It never lies. It is a mirror that is true and honest regardless whether I pretend that I am good and wonderful, thoughtful and generous, loving and kind. The things I see in the world about me are the best reflector of my own inner consciousness. It never lies to me.

So if I see war in the world, it is in my heart. If I see conflict in the world about me, it is in my heart. If I see poverty, unhappiness, sickness, lack in any way, or any other condition considered negative, it is a reflection of what conditions I hold in my own thinking, in my own heart, in my own life and affairs. So it is extremely important for me to clean up my own thinking so that my world may reflect back to me the purity which is in my heart. The oneness which I am indeed with my universe.

All of my world tells me what I am really thinking. My own inner self is so perfectly revealed in the outer world that whenever I desire to know

what is happening in me I can look at the reflection I get back in my world and the voice is so definite and strong that the picture is most clear.

As I choose to experience different things in my world it is only necessary for me to change the attitudes I have about myself **WITHIN** myself.

When I am at war within myself, the outer world in which I live is at war. When I am confused within myself the outer world experiences the confusion in the form of disease, problems, unhappiness, and many other areas. When I would have that which belongs to another in my personal life I see the world at large taking from one another on a grand scale.

To bring about peace in the world, to bring about wholeness in the world, to bring about abundance in the world, to bring about the expression of total perfection in the world—I change my own awareness within myself. I purify my own thinking inside me. I change my attitude about myself. I no longer allow anger and greed to enter my mind. I free myself from any thoughts of control over others. I claim freedom for myself and others.

As I put this new concept of myself into motion in my own thinking, in my own brain, my own computer, the new world shines forth in the outer so immediately, so completely, that I am overwhelmed by its speed and purity of form.

I am now seeing the world with different eyes. I am seeing the world through the eyes of one who needs nothing, who wants nothing, and who thoroughly enjoys everything. I see the world through the love and joy of every beautiful being I have created in the universe in which I live. There is no separation between my beautiful creation and myself. I am one as them and they are one as me. In this newness of life I sparkle forth to enjoy my creation.

Since this principle is so easy and so direct, I have often wondered why more people do not put it into practice.

The answer I give myself is that everyone is putting it into practice. Everyone is exercising the principle for the principle always works even when I think that it is not working.

The reason I utilize the principle mistakenly is that I “think” I must do something in the outer. That I must make the **LAW OF CAUSE AND EFFECT** accomplish the desire of my heart. I feel that I have to **WORK THE LAW**. This is the most erroneous opinion I could ever have.

I felt that I had to do things to pay the rent, pay for the food, buy the car, purchase the necessities of life. I felt that the only place to do this was in the fields of commerce. What could be further from the truth!

Now I know that it is only as I place a new cause in my own consciousness that anything comes into my experience.

First I have the idea of a car. Then I have the idea of how I will “earn” the money for the car, where I will “buy” the car, where I will “keep” the car, how I will “maintain” the car and on and on. The list is endless. I feel I must do something because that is the way I had been conditioned. Now I know that the only thing that I must do is to have the proper mental image in my consciousness and insure that doubt has no place there. Then with happy visualization I see it as already completed and it is accomplished.

Indeed, I am the master of my world. I have not given myself the proper credit for this condition, and also, I have not given myself the proper responsibility for this condition. To take this responsibility requires that I know who and what I am, for if I live from the human level I will always have to be “fighting” to get my just reward for all of the effort I put forth. When I work from the divine level I never concern myself about rewards and efforts—it is done beautifully, harmoniously, perfectly for me through me.

I create my world about me by first having a proper mental attitude. This proper mental attitude is then followed by proper actions which are always in accord with my highest and best nature. Naturally from the proper mental attitude and proper actions follows the most satisfying universe any creator could ever desire for itself—even as I am!

## HOW DO I LIVE POSITIVELY

I live positively with myself by setting up the criterion for a perfect life.

Since I now understand that I am a master and need nor want anything but enjoy everything, living positively with myself becomes an interesting supposition. What is the hypothesis upon which I base my choice to live as a master in a positive manner?

First off I like myself. That I have made known to myself and feel quite confident with it. Since I like myself I am harmonious with myself. I



thoroughly enjoy being in my presence in quietness and in peace. All conflicts are a thing of the past. I am so delighted within myself and with all that I have brought forth in my world that living in a positive manner is the most natural thing in the world.

I delight in unconditional love and look at the world about me as my perfect creation. There is nothing that I desire to change having created it perfect directly. Seeing the universe about me, seeing the people living in perfect harmony, my only thought is to continue seeing my creation perfectly expressing.

I live positively by being harmonious with all, by being joyous with all, by being abundant with all, by being perfect with all that I have created.

To be abundant with all opens all the doorways of my consciousness to give, give, give! My love is so overflowing that since I have set it into motion the flow is so overwhelming that I can hardly believe the fountain is pouring out so magnificently. Yet living in this feeling is enough for me.

I give peace to all. A sensitivity of goodness which needs nothing from another but only gives unasked, unbidden, yet it is always received gladly.

Presently some look about the world they have created and throw up their hands in disgust. I look at my world and throw up my hands in glory of the wonder that lies before me and in total appreciation of my creation. For I have created not as human man but as divine man. Hence, my creation is based on purity and goodness, not need. This cause bespeaks a givingness that needs nothing in return. As I look about my world and its inhabitants I see everyone lovingly sharing one with the other all that they have. As they share, more floods out of their being, even as it does from me. However, as I see others sharing, it is only because I share from within myself that I am able to see them sharing. I see the response of my own nature being manifest. I see only the joy of my own heart expressing its fullness in the reflection of those in my world, all my creation.

To live positively I live fully. I live as though there was no end to the source as there surely is no end to the one source within me which I am and which gives out to everyone in my world. Should I for an instant think there was a limit to the good which I am, then there would be a limit, for such would be my creation.

I always choose to live from the realization that the total creative cause of the universe indwells me and as I share it, giving it out to all in my world, it continues to flow.

I formerly said: *Good goes from me and good comes to me.* No longer do I hold such an opinion. For that opinion would indicate that the good I give out will come back to me from an outside source. There is only the inside source for me and it is the only place from which my good can flow. Should I look outside of myself for the good that I enjoy, it would be limited and it would be scarce. But since I only look within myself for my eternal beingness, it is endless.

I tell myself this time and again. For I am surrounded by individuals some of whom enjoy being human. I keep myself aloof from this attitude of mind. For this attitude of mind is what keeps mankind acting human. I act from my divine nature. I act from my highest nature. I am totally the cause of my own existence and my existence is fulfilling and very rewarding.

## HOW DO I LIVE WITH MY FAMILY

I have created my family in my world and I created them there for a definite purpose. In playing the game of being human with the purpose of remembering that I am divine, my family help me forget my divinity.

With great “human love” my family seeks to condition me according to the machinations of the world in which they feel I must live. I understand what they are doing and in this understanding I can only inwardly appreciate them on the level of consciousness that they are working to express on my behalf.

The machinations of the world are artful and crafty at best seeking to keep mankind in dominion to living according to the limited awareness of what they conceive to be best and meaningful for them keeping mankind in subjection only to themselves.

Happily I am not enrolled in this lower school of learning. I have long ago left this program and have entered into a higher school of learning. I have risen in consciousness to the awareness of my divine reality. I am free now and always from any thought which might bind me. I am free to rise into the awareness of my reality and that is what I choose to do now. I accept

the love of the family into which I was born but am not subject to the limited ideas of this family out of which I have grown.

I remember that my true family is not necessarily that bound by flesh and blood, but the true family is linked by respect and joy in one another's life. Though I have chosen to be born in my family and though I have chosen to grow up as a human being in their fellowship, my reality claims a greater family, one not necessarily under the same roof, but one of the same spiritual awareness. To this real family I am always attracted. I am always linked in awareness to my divine family which is always harmonious with me seeking to bless me as I seek my oneness with my real creative cause. It is a rare experience to find my true family, but they are ever there awaiting our reunion and sharing of the light together.

### MY TRUE FRIENDS

It is in my choice of friends, ones whom I have always known and have always been in spiritual oneness with, these are the ones with whom I grow in the divine realization of my eternal divinity.

Dealing with my friends in a positive manner is one of the joys of life. For the friends are not those with whom I must associate, rather they are those whom I have chosen to be one with because they are on the same divine pathway as I am and we are one in the allness of all.

I listen to my heart in selecting my friends. I listen to my heart in saying I LOVE YOU to a beloved friend. This is one who always knows me and whom I have always known. This is one who understands me and urges me to follow my dreams, who urges me to seek out the reality of my true nature. One who never tears me down or seeks out the limitedness in me, but rather one who knows of my intrinsic goodness and points to it time and again regardless that I might fail to see my purity.

A friend never needs me, never wants me and though we may be apart for a lifetime, it is as though we never parted every time that we meet. We continually greet one another from the divine reality within. It is always our souls that touch and it is our spirit that is bonded into oneness which we have always been and always will be.

True friendship is one of those rare gifts of the spirit that are few and far between. While there is no soul-mate, a marital partner with whom we

have lived in eternity, there are those spiritual entities with whom we have criss-crossed paths numerous times in the eternity of time and this kindred awareness never fades.

*Sometimes* my family can be my friends. I am fully aware of this and respect this possibility. I see in my mother, my father, my sisters and brothers, my wife or husband, my children—a spiritual kinship that is one of the glories of life. It is more strange than true, though and if my family are not my true family I am not unhappy. I am only aware that it is my friends, those whom I have chosen and are in total oneness with, these are my real family, my spiritual family.

Friends only give of themselves asking nothing in return. Friends are those who are free in giving of their total selves, never seeking to misunderstand a feeling, a touch or a response of love, always remembering it is the touch of spiritual oneness which is being expressed. I live in this total awareness and thrill to enjoying it in my life.

I feel free to touch my friends. I feel free to have them touch me. I know that the touch is of love and spiritual oneness that is eternal. The very vibration of their touch is so uplifting and so one with mine, I always know a friend.

A friend, to me, is like participating in a symphony of sound and love. It had no beginning and is eternal. It yet rings true in my heart and my life. It is always pure in its highest sense and it is always resounding in my heart for it is a never ending musical rendition with which I am totally harmonious.

## LIVING POSITIVELY WITH STRANGERS

For me, in the entire world, there are no strangers.

I am one with every creature, animal, mineral, vegetable. I am one as the purity of every creation. I am its creator and I am its expression in my world. Indeed, life has no expression save in my world for me.

It is interesting to think of the word stranger—someone whom I have not yet personally met—which allows for a great latitude of thought.

Many times I choose to have people in my world for business reasons. I choose to associate with people because of commercial reasons. These people are not ones I might choose to have as friends or even introduce them to my human family. However they are a vital segment of my physical world

and they have a role to play in my life. I treat these people at arms length. I am not interested in having a close association with them because they have different values and interests from mine. Are there not people in this world with whom I can do business who are one with me in my divine awareness? The answer is of course a resounding yes. Why did I choose to have them in my world just for commercial reasons when they were not harmonious with me?

Under these circumstances, I stop and think. Perhaps these people are really harmonious with me but I have not stopped to consider them as divine beings but rather just as business associates, just as my commercial friends. Each time I looked past the facade of outer activity, past the images built up to please parents and peers, behold the divine man stands forth unblemished, awaiting as a friend with whom to walk the road of truth together.

Today I choose to look at all in my world as my creation who are the same as I am. There then are no strangers. For all are created in my perfect image. All are the picture of who and what I am. As I consider anew the magnificent beings who are my creation because they are in my world as being the divine creatures they are I will myself be lifted up with this new vision.

This is the art of thinking positively. It is the art of knowing that I am the creator of my world and my world is utterly magnificent for it is the creation of my indwelling consciousness and it is something in which I revel and take as a joyous part in sharing with myself and others. These people are not separate from me. They are my true kinsmen, they are my real self expressing as my individuation.

## LIVING POSITIVELY WITH GOVERNMENT

My government is the creation of my consciousness.

Regardless what my government is, what country I may live in, my government is the creation of my consciousness and it responds to me in exactly the manner in which I think about it. No more nor any less. My government is the whole reflection of my thought about it, it is the reflection of my desire for it to function. It functions perfectly as I have created it.

The government provides a functional universe in which I live and provides rules and regulations which offer me the freedom to express as I will.

When I choose to live in the state of pure grace, in the stage of pure consciousness, naturally I would not create any governmental agency or organization to manipulate my world for me, however, at the moment I have created it to perform a function for me. It maintains an orderly activity in my world and allows all other functioning units to cooperate with me in carrying out its activities. In a way of speaking, I am manipulating my world through the governmental organization I have created for that purpose. All may be free of this condition when and as they choose, even as I choose to be free of it even while I have created it to function for me.

A young friend told me he wanted to be free of the military draft. He did not want to be in an aggressive conditioning in the army of his country. I told him that he must serve and he must cooperate or he would break down the system. However, I told him there was a way in which he could cooperate and yet not be subject to the rules and regulations of a nation's government. I said when you desire to be free of living up to the responsibilities of another's concept for you, all you need do is to be invisible to that government and you will never be called in your nation's draft system. And so it happened for him.

I become invisible to any negativity in the world, for me it does not exist. For others, who CHOSE IT they are very visible to it. I, however, am invisible to any negative conditioning in my world, to any negative suggestions in my world, and to any negative processes in my world. I am master of my world and hence to all of the desires of my heart.

Should I ever desire "not" to be in the nation's draft I would be invisible. Though I exist, and quite definitely, in my world, to the world of the government I would be invisible. They would send out the names of those who are to serve and naturally my name would never be there. There would be no "mistake," my name just would not be there and never would be there and I would never be called. A logical conclusion would be that the computer made an error and my name was not on the list nor would it ever be there.

These statements are made not so much as manipulation of the government which I created for my purposes, but to show that even in a logical societal activity whatsoever I create for myself always serves me in

the manner that I choose. Sometimes I choose to have a “logical” reason why I have accomplished the goal I choose.

I live with government positively. I know it is doing a good purpose in my world or I would not have created it. I like my government. I like its purpose. I like its direction. I like all that it stands for or I would create it differently. The choice is entirely mine and the results are entirely mine too. Should I at any moment not enjoy what my creation is doing, I create it in harmony with my choices. I do not destroy it or berate it or bemoan it, I just create it harmoniously with the purpose for which it serves my life. When that purpose is completed the creation I have created then ceases to exist.

I am now free to create anything that pleases me and I am also free to create its successor which may be entirely different having different desires to be served.

Everything that exists I created to serve my purposes. All that is is because of my decision to have it be. Nothing can exist save that I give it permission to exist and permission to serve me in the manner in which it is serving. I am the creator of my world and it is a good world, it is a pure world, it is the expression of my divine consciousness at this point of awareness. It is good and very good.

So long as I choose to live in a human body, with human needs and wants, I may choose to create agencies to carry on the functioning of my human desires. The day that I am fully aware of my divinity and no longer have a need for an agency such as the government to carry on its functions for me, then I will create freedom which does not include an agency with its regulations. At that time I create the perfection and purity of relationships which needs no outside agency to set up conditions under which smooth human relationships may co-exist side by side. I am the master of my world and as the master whatever I choose to experience in my world is there for as long as I desire it to be there.

## LIVING POSITIVELY IN MY WORLD

With modern media I travel around the world in an instant and am aware of what is going on in my creation at all points of the globe and into the vastness of outer space. It is an exciting experience for a human being and at times I thoroughly enjoy visiting my creation through the media. At other times I thoroughly enjoy visiting my creation in person.

What I find as I visit my creation in the far flung places of the globe and planets and suns and stars is that there is an appearance of disorder. Upon closer look I see it is merely the response this culture, this galaxy has to itself and its rhythm of being. It is, indeed, not disorder. With my grander view of my creation I can see it is an orderly manifestation of its perfect plan for itself. It is an orderly chaos.

However, at times, *my* conception of order is what I would like to see manifest there. So at times like these I freshly create my concept for this area and it is done.

Some might cry that this is manipulation. Not so. I am the creator of my world. The desires of my heart are to be manifest in my world. My decision is final. Not manipulation only stipulation. It is a choice I make for my world, for my universe and it fulfills my decision.

As I look at the stars and into the night sky and see a great meteorite passing by, should it be my choice, I could speak my word and have it change its course and so it would. It would respond to my creative statement for it, not my wish, but a creative change for it. So all of the universe responds to me as I choose to be master of my world and of all that is therein. It is not taking the privilege away from another, nor is it manipulating “mother nature” but rather being the creator of the universe in which I live. This can be done by me on any level of consciousness that I choose to express myself. Whatever the universe is doing, it is doing very well and harmoniously. That I choose to bring about a change in the universe is perfectly agreeable to the universe. It is fluid and flexible to my choice for it. It is totally available for me to express my creative urge in it.

The universe is created as part of the giant game board in which I express my present existence. It is the giant game of activity which pleases me greatly to be playing in right now. It is not sacrosanct and deserving of worship and adoration from me because it is “holy,” for it is my plaything and a joyous one it is.

I love my universe, my galaxy, my world and it loves me. Naturally I would create it loving me since I am its creator.

## LIVING POSITIVE WITH MEDICINE



Every so often I feel that I have a need for medicine as created by myself for my body in my human form. That is one of the games I play with myself as a human being. As I turn from the human side of my nature to the divine the desire for any medicine will cease to exist.

I enjoy, once in a while, feeling that my body may harmonize with all of the natural forces of the world in which I live. As I do this I consider the herbs of the field and the medicaments that could be created which cause the body to respond in a given manner. As I do this I test them out one by one. My body has certain functional activities which respond to certain agencies. Sometimes it functions well and at other times it functions poorly with these various medicaments.

I use them because they pretend to be an outside activity which brings about an outside effect upon my body. This is a perfectly reasonable and logical direction for the herbs of the Earth. And my body does respond. Sometimes well and sometimes not so well. However all is the game I play. It is my choice and my privilege to do this.

Once I turn from my human form and recognize that it is the divine form which created the human form I place proper importance upon the creative thoughts I have for my body. My body is the outpicturing of my thought about it. Whenever I do not LIKE my body, my body feels unwanted and begins to have conditions which limit it. The body is reacting to my thought about it.

My body is the playground for my divine self. It will do whatever I choose it to do. It will walk on fire and be free of any physical damage or it will be burned. My body will walk on water or it will drop into the water. My body will soar into outer space should that be my desire, or it will stay in the confines of its individual world—whatever is my choice for it. I have it do my bidding or I can “say” it is uncooperative and killing itself. Actually it is my own thought that brings any and all conditions. It is my word that demonstrates itself through my body and hence the goodness or lack of wholeness it experiences is my choice. I am the director of my body.

I like to play the game with my body making me think it is my body that is trained to do these things. I like to tell myself that I can train my body like a pet and it will thence respond to the “training” that it has received.

This is an erroneous concept foisted upon me by my own background. As though the physical body were a trainable object. The physical body is my thought about it. My physical body and the physical world in which I live is the product of my thought and my thinking. Whatever I think,

whatever I have in my consciousness is reflected in my universe and naturally in my body.

As I reconsider the theme that I have allowed my being to live under, I wonder how I could have been so ignorant of the reality of all. How I could have allowed myself to believe that my outer form could possibly be a single functioning object separate from my thought. What early brain washing must have taken place. What limited thinking must have been used. How could I have thought such things. Of course, the answer is easy. I hear a lie long enough and strong enough and I believe it. I can hear the truth long and strong enough and I can then believe it.

Interestingly it is totally unimportant whether I believe a concept or not, the concept is either true or false and my belief about it will not make it more true or more false. What my belief does is to merely allow me to turn my attention to the validity of all. To live by principles which eternally are true and valid and which work every time. Then the false concepts preciously held disappear and no longer are the criteria for my thinking and my action. I am once again a free being living from my highest nature.

## MY POSITIVE THINKING IS VALID

Success organizations all about me are touting positive thinking. Each is saying to think positively and I will have all of the money I desire, I will have all of the things I desire, I will have all of the people I desire in my world, I will have a good body, I will have a good mind, I will have the fulfillment of every desirable thing in my world.

This is true. When I place my attention on any one thing I will demonstrate that in my life and in my world. It will come very quickly and I will be considered wealthy and happy by the world's standards. Naturally this is what I have always wanted. This happiness with things and objects in my life is the end and all. Once I have these I will be totally happy and at peace with myself and my world. My seeking and searching will have come to an end. I will have achieved the purpose of my being.

This is what I am led to believe by the many courses that are offered in the success field. These are valid courses and they provide what they offer.

There is one ingredient missing. That ingredient is the purpose for my being. Why am I here. Where am I going. What are the important values of my life beyond things and emotional stimuli. The answer to this question these success courses touch upon but naturally do not lay great importance upon for that is up to me to find and to search out for myself.

Where do I begin on this journey. The church has offered me help through the years but this help has not accomplished its purpose. It has left me unfulfilled. It has left me asking questions about myself and my future and my past. None of these questions have found adequate answers in the church. It is not because the church does not want to serve and help me in my search. It is only that the church well founded has also lost its way in its determination to stay alive and function as a viable unit in its time. And ceasing to use the inner principles it has begun to believe its own preachments to its members that it is the supreme source and not the reality and the purity which indwells me.

Philosophy too seeks to offer the answer. It says that man's mind holds the key. It says that in the thinking system of mankind is the answer to all. Yet some philosophies go on to touch a higher note. They say within man is a greatness even he has not become aware of, a divinity that shapes man's end. Perhaps here is a touching of the question's answer.

Where then can I go to find my true success.

If I go to success courses my material self is satisfied.

If I go to the church I join other bewildered beings.

If I pray to the divinity that is outside of me I am the bewildered one for no answer is forthcoming I can accept.

If I look for guidance from other persons, I am misled, for they can only guide me from the viewpoint they have gained on their own path.

Where then can I go . . . .